

Hygiene Kits

Keeping clean is an important part of remaining healthy, unfortunately many homeless and less fortunate in our community often struggle to afford these necessary supplies.



Do It Yourself Projects

WHAT TO DO:

- 1) Collect supplies
- 2) Find a box or bag to put them in (quart or gallon zip lock bags work well)
- 3) Fill with hygiene items
- 4) Add a cheerful or encouraging note



Delivery

Once completed, the projects can be dropped off or mailed to area nonprofits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email vol@helplinecenter.org.

More information can be found at www.helplinecenter.org/diy.

Share your Experience!

Post your photos of your completed projects via our social media pages!
#DIYVOLSD @HelplineCenter



NOTE: Both MALE & FEMALE kits are in need. If you are able please make a variety of kits.

Supplies & Ideas

- ♦ Toothbrush & toothpaste
- ♦ Hand sanitizer
- ♦ Tissues
- ♦ Hand lotion
- ♦ Men's & Women Deodorant
- ♦ Men's & Women Shampoo & Body Wash
- ♦ Feminine Hygiene Products
- ♦ Flushable wipes
- ♦ Band Aids
- ♦ Bug Spray/Sun Screen



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