CORONAVIRUS (COVID-19) Health/Medical Related Information

The Helpline Center has gathered the information below to assist in the COVID-19 pandemic response.

South Dakota's Department of Health (SD DOH) – doh.sd.gov/COVID/

- Data Dashboard
- Your Health
  - Symptom Checker (for Apple devices)
- Community, Work and School
  - Return to Work/School Letter (use this form to request documentation of release from quarantine or isolation. This is for individuals only; employers/schools may not request a letter on behalf of someone else)
- Vaccination
  - Identification Tool (answer screening questions to determine when you can get vaccinated (aka your priority group) and how to contact your vaccine provider)
  - Chart of Availability Timeline
  - Priority Groups (visual)
  - Map (of vaccine providers by county)
- Healthcare Providers
- Updates/Infographics
  - Quarantine v.s. Isolation Infographic
  - Updated Quarantine Guidelines
  - Contact Tracing Infographic

Vaccine Information

- South Dakota Department of Health (DOH) vaccination updates/information
- Center for Disease Control and Prevention (CDC) recommendations for those who are fully vaccinated
- FREE Community COVID-19 Mass Vaccination Events
- Monument Health Vaccine Waitlist
  - Monument Health is no longer utilizing the waitlist. Individuals who have previously signed up on the waitlist will be contacted via phone, email, or MyChart message.
- Info Sheets about Vaccinations in Spanish and Amharic/Nepali

Testing Information

- Mass Testing events/sites across our state, visit
  - covid.sd.gov/drivethrutesting
  - No cost, but results may take 3-5 days
- Rapid Testing sites, visit
  - COVID-19 Statewide Rapid Antigen Testing Sites
  - May have cost associated, but results within several hours
- For testing without a doctor's click here
- For testing through your health care provider, see information below regarding Health Systems in South Dakota

Centers for Disease Control (CDC) – cdc.gov/coronavirus

- Data – COVID Data Tracker (maps and charts tracking cases, deaths, and trends of COVID-19 in the U.S.).
- Frequently Asked Questions (including contract tracing, funerals, testing questions, cleaning, pets and animals, etc).
- Business Guidance (Plan, prepare, respond – including cleaning, ongoing mitigation, prevention and support and communication/posters, social distancing)
- Travel Questions
- CDC issued it's first set of recommendations on activities for people who are vaccinated.

Health Systems COVID Triage Lines in South Dakota

- **Avera**
  - 1-877-AT-AVERA (1-877-282-8372)
  - Or initiate a "web-encounter"/online screening tool by visiting: www.avera.org/covidhotline. Once that is complete, an Avera Covid-19 Hotline representative will call you to determine next steps.
- **Monument Health** (anyone in West River area)
  - 1-800-279-1466
  - For those experiencing mild symptoms and would like to schedule a test please click here.
- **Sanford**
  - (605) 333-4444
- **Watertown Area**
  - Click here for list
- If your health provider is not listed here, reach out to your local clinic.
- For testing without a doctor's click here

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