

## Teacher Care Kit

Teachers pour their hearts into education for our children. Let's show our love and appreciation by helping them stay healthy and happy this school year. Try making this simple care kit for local teachers.



## Do It Yourself Projects

### WHAT TO DO:

- 1) Collect all your items
- 2) Get cute box or bag to place items in
- 3) Decorate & label bag/box
- 4) Create a Thank You note to show your appreciation to the teacher
- 5) Fill bag/box with items and seal

### Delivery

Once completed, the projects can be dropped off or mailed to area nonprofits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email [vol@helplinecenter.org](mailto:vol@helplinecenter.org).

More information can be found at [www.helplinecenter.org/diy](http://www.helplinecenter.org/diy).

### Share your Experience!

Post your photos of your completed projects via our social media pages!  
#DIYVOLSD @HelplineCenter



### Supply Ideas

- |                  |                      |
|------------------|----------------------|
| — ADVIL          | — LOTION             |
| — THERMACARE     | — HAND SANITIZER     |
| — EMERGEN-C      | — COTTON SWABS       |
| — MEMO PADS      | — BANDAGES           |
| — WIPES          | — TISSUES            |
| — BLEACH PEN     | — RUBBER BANDS       |
| — PENS           | — BOBBY PINS         |
| — CHAPSTICK      | — SAFETY PINS        |
| — COUGH DROPS    | — HAIR SPRAY         |
| — GUM            | — MASCARA            |
| — FLOSS          | — WHITEBOARD MARKERS |
| — DEODORANT      | — CHOCOLATE          |
| — LINT BRUSH     | — HIGHLIGHTERS       |
| — INSTANT COFFEE | — ERASERS            |



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