

Kids Lunch Box



Creating a Kids Lunch Box will provide children a nutritious lunch over the summer, where they may not have access to receive such a meal with school not in session.

Do It Yourself Projects

WHAT TO DO:

1. Purchase items or Find Items in your Pantry
2. Start with a Ziploc bag or grocery bag
3. Pack bag with items .Ensure there is enough for a meal, and leftover for a meal or snack later (box or can of food)

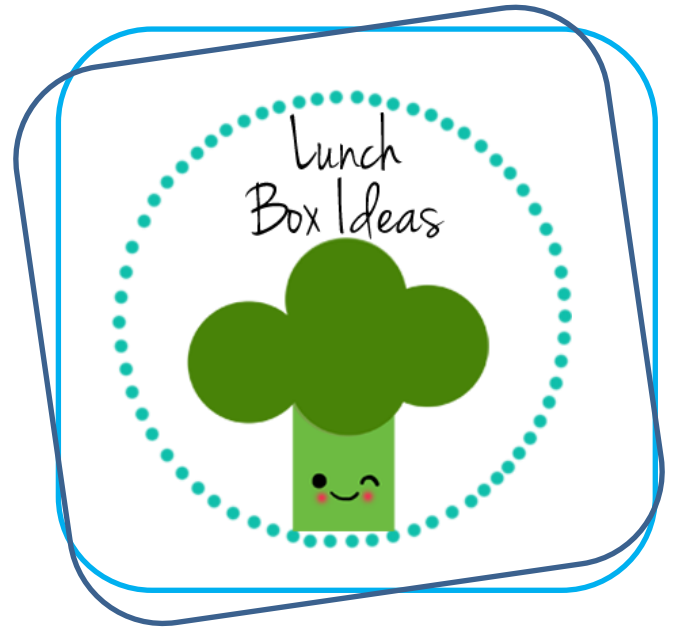
Delivery

Once completed, the projects can be dropped off or mailed to area nonprofits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email vol@helplinecenter.org.

More information can be found at www.helplinecenter.org/diy.

Share your Experience!

Post your photos of your completed projects via our social media pages!
#DIYVOLSD @HelplineCenter



Supply Ideas

1. Ziploc Tupperware or grocery bag
2. To Go Peanut or Nut Butter
3. Granola or Fruit Bar
4. Apple Sauce or Fruit/Veggie Sauce Pack
5. Crackers— goldfish, cracker sandwiches
6. Raisins or Fruit Snack/Strip
7. Trail Mix
8. Non-perishable/Non-Expired can of food or boxed macaroni

ADDITIONAL IDEAS:

- Add coloring book or educational activity
- Add silverware, wet wipes, hand sanitizer
- Include several non-perishable/non-expired canned or boxed foods for meals later on.

