

Chemo/Dialysis Care Kit



Chemotherapy and Dialysis is a long, difficult treatment for individuals. Let others know you are thinking about them. Simple care packages can offer encouragement and make patients feel supported in their treatment journey.

Do It Yourself Projects

WHAT TO DO:

- 1) Purchase items listed above (try the Dollar Store)
- 2) Pack items into bag
- 3) Write a note of encouragement and add to care kit



Delivery

Once completed, the projects can be dropped off or mailed to area nonprofits. If you need information on what agencies will accept the projects, please contact the Helpline Center by calling 211 or email vol@helplinecenter.org.

More information can be found at www.helplinecenter.org/diy.

Share your Experience!

Post your photos of your completed projects via our social media pages!
#DIYVOLSD @HelplineCenter



Supplies & Ideas

- ♦ Bag, reusable or disposable
- ♦ Lip balm
- ♦ Hand sanitizer
- ♦ Hard candy—ginger, citrus, or peppermint
- ♦ Puzzle book (crossword, Sudoku)
- ♦ Scarf, hat, or a pair of socks
- ♦ A note of encouragement

